



Produce • Cheese • Trucking

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Your best source of locally grown produce since 1973

Current Local Availability List

12/14/18

CV= Conventionally Grown / OG= Certified Organically grown / TR= Not Certified OG grown

Apples, Loose #1 (40#): We are stocking Cortland, Fuji, Macoun and Macs.....Other varieties available on request ...

Cabbages, Green and Red (40#): CV Green and Red are finished up for the year now. We can get some OG Green by preorder.

Carrots, Bulk (25#): Season over except for some preorder OG Storage Carrots

Cider: No Preservative (NP) Gallons (4x1) in good steady supplyQuality excellent now!

Pints (25x1) and Half Gallons (9x11) are available by preorder only by Monday morning for Friday delivery.....

Mushrooms (3#) OG: We can get beautiful indoor grown Lion's Mane, Oysters, and Shiitakes by preorder.....Other varieties available

Beautiful Log Grown (Outdoor) OG (3#) Shiitakes are now in stock. These are the best!

Parsnips, Bulk and Cello: Season over

Pumpkins: Season over

Spring Mix (3#): Little Leaf Farms (Devens, MA) in decent supply but prorated.....All pesticide free

Sprouts (10#): Mung from Chang Farm in Whatley...Very perishable.....Order ahead to guarantee availability

Squash, Winter: Only Butternut is still available ...Others all finished for the season

Peeled & Diced Butternut (10#) Good supplies now

Herbs:

None at this time

Please ask about our Organic List for many other local items

Regionally Produced Items

Cabot Farmer's Coop (VT) Butter, Cheeses, Cottage Cheese, Sour Cream, and Yogurt

Great Hills Cheese (MA) Blue Cheese

Lightlife Foods (MA) Tempeh and other soy products

Little Leaf Farms (MA) Greenhouse grown Baby Lettuces and Spring Mix

Nasoya Foods (MA) Tofu (Bulk and Retail), Chinese Noodles, and Eggroll Wrappers

Westfield Farm (MA) Goat and Cow's milk specialty cheeses

Smith's Country Cheese (MA) Cheddar Cheese, Gouda Cheeses, and spread

Stoneyfield Yogurt (NH) Yogurt

Vermont Creamery (VT) Crème Fraiche, Mascarpone, Montrachet

Vermont Soy (VT) Tofu