



**Produce • Cheese • Trucking**

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*Your best source of locally grown produce since 1973*

## **Current Local Availability List**

**4/20/18**

**CV= Conventionally Grown / OG= Certified Organically grown / TR= Not Certified OG grown**

**Apples, Loose #1 (40#):** We have Cortland, Empire, Fuji, and Mac...Other varieties are available on request .....

**Beets; Chioggia, Forona, and Golden (25#):** All local beets are done for the year

**Carrots, Bulk OG (25#):** All local carrots are done for the season.

**Cider:** We stock NP (No Preservative) Cider Gallons (4) from Pine Hill Orchards in Colrain.

Half Gallons (9) and Pints (25) are preorder on Mondays by 9:00 A.M. for Friday delivery

**Mushrooms (3#) OG:** We can get beautiful indoor grown Lion's Mane, Oysters, and Shiitakes by preorder.....Other varieties soon

**Parsnips Bulk (25#) and Cello (18x1#):** OG (25#) "Spring Dug" Parsnips are available / We now also have CV Bulk and Cello

**Potatoes (50#):** We have the last of the season Yukon Gold Chefs in limited supply ...Chefs and Red B are all in but will be ending soon.....All other varieties and sizes done for the season.....

**Radishes; Daikon or Watermelon (25#) OG:** Done for the year

**Rutabagas (40#):** Done for the year

**Sprouts (10#):** Mung from Chang Farm in Whatley...Very perishable.....Order ahead to guarantee availability

**Spinach, Baby (3#) OG:** Available again....Greenhouse grown...Preorder item

**Spring Mix (4#):** "Little Leaf" is in. We are stocking "Food Service" (3#) boxes and it is also available in 8x4 Ounce retail.....Not OG but pesticide free. Supply is especially limited this week due to a crop failure

**Squash, Winter (40#):** All local squash except Peeled / Diced Butternut Squash (10#) is now done for the year.

**Turnips; Hakuriai, Purple Top, and Macomber (25#) OG:** Done for the year

### **Herbs:**

**Basil (1#) OG:** We stocking Happy Valley's OG Basil....Greenhouse grown...

**Other Herbs (1#) OG:** See you in the summer

*Please ask about our Organic List for many other local items*

### **Regionally Produced Items**

Cabot Farmer's Coop (VT) Butter, Cheeses, Cottage Cheese, Sour Cream, and Yogurt

Great Hills Cheese (MA) Blue Cheese

Lightlife Foods (MA) Tempeh and other soy products

Little Leaf Farms (MA) Greenhouse grown Baby Lettuces and Spring Mix

Nasoya Foods (MA) Tofu (Bulk and Retail), Chinese Noodles, and Eggroll Wrappers

Westfield Farm (MA) Goat and Cow's milk specialty cheeses

Smith's Country Cheese (MA) Cheddar Cheese, Gouda Cheeses, and spread

Stoneyfield Yogurt (NH) Yogurt

Vermont Creamery (VT) Crème Fraiche, Mascarpone, Montrachet

Vermont Soy (VT) Tofu