



Produce • Cheese • Trucking
 413-256-8929
 800-422-6764
www.squashinc.com



Your best source of locally grown produce since 1973

Current Local Availability List

3/16/18

CV= Conventionally Grown / **OG**= Certified Organically grown / **TR**= Not Certified OG grown

Apples, Loose #1 (40#): We have Cortland, Empire, Fuji, and Mac...Other varieties are available on request

Beets; Chioggia, Forona, Golden, and Red (25#): All CV beets are now done.....OG supplies are dwindling

Carrots, Bulk OG (25#): OG Storage carrots should be available for a few more weeks.....

Cider: We stock NP (No Preservative) Cider Gallons (4) from Pine Hill Orchards in Colrain.

Half Gallons (9) and Pints (25) are preorder on Mondays by 9:00 A.M. for Friday delivery

Mushrooms (3#) OG: We can get indoor grown Lion's Mane, Oysters, and Shiitakes by preorder.

Parsnips Bulk (25#) and Cello (18x1#): Local parsnips are done until "Spring Dug".

Potatoes (50#): We sporadically have some Yukon Gold Chefs in limited supply ...Chefs, Red A, and Red B are all in.....Also Cheap "B" size Yukon.....Quality for less!Russets are done for the season

Radishes; Daikon or Watermelon (25#) OG: Available by preorder only

Rutabagas (40#): We should have these for the foreseeable future.

Sprouts (10#): Mung from Chang Farm in Whatley...Very perishable.....Order ahead to guarantee availability

Spinach, Baby (3#) OG: Available again....Greenhouse grown...Preorder item

Spring Mix (4#): "Little Leaf" is in. We are stocking a limited supply of "Food Service" which is now in 3# boxes and is it also available in 8x4 Ounce retail.....LLF has more orders than product.....Short supplies

Squash, Winter (40#): CV Butternut and Bora-Bora are in until about Easter. Buttercup, Delicatta, Kabocha, and Spaghetti are done. Some OG varieties are available too by preorder. Call for details.....Peeled / Diced Butternut Squash (10#) is in stock now.....

Turnips; Hakuriai, Purple Top, and Macomber (25#) OG: CV season over....We can get OG by preorder.....Supplies tight

Herbs:

Basil (1#) OG: We stocking Happy Valley's OG Basil

Other Herbs (1#) OG: See you in the summer

Please ask about our Organic List for many other local items

Regionally Produced Items

Cabot Farmer's Coop (VT) Butter, Cheeses, Cottage Cheese, Sour Cream, and Yogurt
 Great Hills Cheese (MA) Blue Cheese
 Lightlife Foods (MA) Tempeh and other soy products
 Little Leaf Farms (MA) Greenhouse grown Baby Lettuces and Spring Mix
 Nasoya Foods (MA) Tofu (Bulk and Retail), Chinese Noodles, and Eggroll Wrappers
 Westfield Farm (MA) Goat and Cow's milk specialty cheeses
 Smith's Country Cheese (MA) Cheddar Cheese, Gouda Cheeses, and spread
 Stoneyfield Yogurt (NH) Yogurt
 Vermont Creamery (VT) Crème Fraiche, Mascarpone, Montrachet
 Vermont Soy (VT) Tofu

