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Current Local Availability List
8/12/18

CV= Conventionally Grown / **OG=** Certified Organically grown / **TR=** Not Certified OG grown

- Apples, Loose #1 (40#):** Season over....See you in the fall!
- Apricots (20#):** Limited availability by preorder only
- Arugula, Baby (3#) OG:** Local supplies limited due to bug damage and heat.....Gap until at least 8/20
- Beans, Green and Yellow (25#)** Green Beans are not available due to the wet weatherYellow Beans are done for the season
- Beets, Golden and Red (25#):** We should have good availability until the fall
- Blackberries:** Season over
- Blueberries:** Local Blues are now in until early fall.....Very high quality
- Broccoli Crowns (20#).....**In for the season.....Should be available until the hard frost in the fall
- Cabbages, Green and Red (40#):** In now until the fall
- Carrots, Bulk and Cello:** We now are stocking bulk (25# bags) and Cello (24x2#). We should have them until the late fall.
- Cauliflower (9 and 12) :** In for the season
- Cider:** Now a preorder item with preservatives (WP)
- Chinese Cabbage, Bok Choy (30#):** Season over until the fall....Too hot!
- Corn:** In heavy now.....We should have good supplies until the fall
- Cucumbers:** Both Pickles and "Long Greens" are available now in steady supply.
- Eggplant:** Good supplies now....
- Lettuces (24) OG:** Romaine, Green and Red burned up in the heat and flooded in the rain
- Mushrooms (3#) OG:** We can get beautiful indoor grown Lion's Mane, Oysters, and Shiitakes by preorder.....Other varieties available Beautiful Log Grown (Outdoor) OG (3#) Shiitakes are now in stock. These are the best!
- Peaches (20#):** A few are available.....Hot and wet weather has hurt early crop
- Peppers, Green and Red:** Green Peppers are in good supply now... ..Red Peppers much later in the season
- Plums (20#):** Limited availability by preorder
- Salad Mixed Greens (3#) OG:** Out for week due to weather....."Washed out".....
- Spring Mix (3#):** New greenhouses at Little Leaf Farms should ensure good suppliesNot OG but pesticide free
- Sprouts (10#):** Mung from Chang Farm in Whatley...Very perishable.....Order ahead to guarantee availability
- Spinach, Baby (3#) OG:** Gapping due to the heat
- Spinach, Curly Leaf (5#):** Done for the season
- Squash, Summer (Yellow) and Zucchini:** Now in until the fall
- Turnips, Hakurei (25#) OG:** Gapping
- Tomatoes, Field (25#):** Season underway....We should have good supplies barring disaster...We are stocking "Utility" grade

Tomatoes, Greenhouse (~20#): Finished until the fall

Herbs:

Basil (1#) OG: out for the week

Cilantro (30): Maybe in the fall.....Too hot to grow it now...

Tarragon, French.....In now

Other Herbs (1#) OG: Call for availability.....

Please ask about our Organic List for many other local items

Regionally Produced Items

Cabot Farmer's Coop (VT) Butter, Cheeses, Cottage Cheese, Sour Cream, and Yogurt

Great Hills Cheese (MA) Blue Cheese

Lightlife Foods (MA) Tempeh and other soy products

Little Leaf Farms (MA) Greenhouse grown Baby Lettuces and Spring Mix

Nasoya Foods (MA) Tofu (Bulk and Retail), Chinese Noodles, and Eggroll Wrappers

Westfield Farm (MA) Goat and Cow's milk specialty cheeses

Smith's Country Cheese (MA) Cheddar Cheese, Gouda Cheeses, and spread

Stoneyfield Yogurt (NH) Yogurt

Vermont Creamery (VT) Crème Fraiche, Mascarpone, Montrachet

Vermont Soy (VT) Tofu