



Produce • Cheese • Trucking

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### Current Local Availability List

10/12/18

CV= Conventionally Grown / OG= Certified Organically grown / TR= Not Certified OG grown

**Apples, Loose #1 (40#):** We are stocking Cortland, Gala, Macoun and Macs.....Other varieties available on request ...**Macs on sale!**

**Arugula, Baby (3#) OG:** Gapping

**Beets, Golden and Red (25#):** Golden all done....We should have good availability on Red for several weeks

**Broccoli Crowns (20#).....** We should be back with Crowns starting 10/16...Wet weather hampering growth.....

**Brussels Sprouts (25#):** We should have them starting next week....

**Cabbages, Green and Red (40#):** Green and Red are both in now

**Carrots, Bulk and Cello:** We now are stocking Bulk (25# bags) and Cello (24x2#). We should have them until the late fall.

**Cauliflower (9 and 12):** Back in supply for few weeks we hope.....

**Cider:** We are now stocking with preservatives (WP).....We should have NP Cider by next week at the latest

**Collard (12):** Good supplies for several weeks....Probably a shorter than normal season.

**Corn:** Done for the season

**Cucumbers:** Done for the season

**Eggplant:** Good supplies now through at least next week

**Kale (12):** Good supplies for several weeks....Probably a shorter than normal season.

**Lettuces (24) OG:** Done for the year

**Leeks (12):** We have very nice leeks. Should be in good supply for several weeks....

**Mushrooms (3#) OG:** We can get beautiful indoor grown Lion's Mane, Oysters, and Shiitakes by preorder.....Other varieties available Beautiful Log Grown (Outdoor) OG (3#) Shiitakes are now in stock. These are the best!

**Parsnips, Bulk and Cello:** Available, but short in supply due to weather hampering harvest

**Peaches (20#):** Done for the year.....

**Peppers, Green and Red:** Green Peppers in good supply... ..There will be no Red Peppers due to crop damage

**Peppers, Jalapeno (15#):** All done for the season.....See OG List for other varieties of hot Peppers

**Salad Mixed Greens (3#) OG:** Short in supply due to planting gaps.....Call for availability

**Spring Mix (3#):** New greenhouses at Little Leaf Farms should ensure good supplies ....Not OG but pesticide free

**Sprouts (10#):** Mung from Chang Farm in Whatley...Very perishable.....Order ahead to guarantee availability

**Spinach, Baby (3#) OG:** Gapping

**Squash, Summer (Yellow) and Zucchini:** All local supplies are done for the season.....Short season due to crop damage

**Squash, Winter:** Acorn, Butternut, Delicatta, Honeynut, Kabocha, and Spaghetti are all in now.....Winter is coming!

Storage season could be tough due to weather stress on plants...Stay tuned....**Peeled & Diced Butternut (10#)** Good supplies now

**Swiss Chard, Rainbow OG (12):** Short in supply but we should have some this week

**Tomatoes, Field (25#):** Season is finished.....

**Tomatoes, Grape (12) OG:** Done for the year.....Rain shortened season

**Tomatoes, Greenhouse (~20#):** We should have regular supplies for at least a month or so

**Herbs:**

**Basil (1#) OG:** Gapping

**Cilantro (30):** Gapping

**Sage:** Available

**Tarragon, French.....**In now

**Other Herbs (1#) OG:** Call for availability.....

***Please ask about our Organic List for many other local items***

**Regionally Produced Items**

Cabot Farmer's Coop (VT) Butter, Cheeses, Cottage Cheese, Sour Cream, and Yogurt

Great Hills Cheese (MA) Blue Cheese

Lightlife Foods (MA) Tempeh and other soy products

Little Leaf Farms (MA) Greenhouse grown Baby Lettuces and Spring Mix

Nasoya Foods (MA) Tofu (Bulk and Retail), Chinese Noodles, and Eggroll Wrappers

Westfield Farm (MA) Goat and Cow's milk specialty cheeses

Smith's Country Cheese (MA) Cheddar Cheese, Gouda Cheeses, and spread

Stoneyfield Yogurt (NH) Yogurt

Vermont Creamery (VT) Crème Fraiche, Mascarpone, Montrachet

Vermont Soy (VT) Tofu