



**Produce • Cheese • Trucking**

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## Current Local Availability List

11/15/17

**CV**= Conventionally Grown / **OG**= Certified Organically grown / **TR**= Not Certified OG grown

**Apples, Loose #1 (40#):** We now have Cortland, Empire, Mac, and Macoun.....Other varieties are available on request .....

**Beets, Golden and Red (25#):** Ending soon....two weeks? We can also get OG Beets by preorder.

**Brussels Sprouts (25#):** In now for a short season.....Very nice and very fresh

**Cabbages; Green and Red (40#):** Green Cabbage and Red Cabbage are still in good supply.....Very nice!

**Carrots, Bulk (25#) and Cello (24x2#):** We should have a steady supply for several weeks

**Carrots, Bulk OG (25#):** Storage season just starting.....Should be available until the Spring

**Cider:** We are now stocking NP (No Preservative) Cider Gallons (4) from Pine Hill Orchards in Colrain. **Delicious!**

Half Gallons (9) and Pints (25) are preorder on Mondays by 9:00 A.M. for Friday delivery

**Collards (12):** Ending this week.....

**Kale (12):** CV Green ending this week..... Several other OG varieties are available by preorder.

**Leeks (12):** Finishing up this week.....

**Mushrooms (3#) OG:** We can get indoor grown Oysters and Shiitakes by preorder.

**Parsnips Bulk (25#) and Cello (18x1#):** Season is in full swing now

**Pears, Bosc (40#):** We have very nice loose Bosc pears....about 100 size.....Available for a couple of months...

**Potatoes (50#):** We will have some Yukon Gold Chefs this week in limited supply ...Chefs, Red A, and Red B are all in.....Also Cheap "B" size Yukon.....Quality for less! .....Russets (70/90/120) will be fishing by next week

**Spinach, Baby (3#) OG:** Preorder item....The last "fresh" item...Ending next week

**Sprouts (10#):** Mung from Chang Farm in Whatley

**Spring Mix (4#):** "Little Leaf" is in. We are stocking limited supply of "Food Service" which is now in 3# boxes and is it also available in 8x4 Ounce retail.....LLF has more orders than product

**Squash, Winter (40#):** Acorn and Butternut, and Kaboha are all in now. Buttercup. Delicata and Spaghetti are done. Some OG varieties are available too by preorder. Call for details.....Peeled / Diced Butternut Squash (10#) is in stock now.....

**Turnips, Purple Top (25#):** Season over when our inventory runs out

### Herbs:

**Basil (1#):** Local greenhouse grown Basil in 1# bags from Happy Valley Organics in Whatley is in now

**Other Herbs (Organic):** Available on request...Several varieties available.....Call for details

***Please ask about our Organic List for many other local items***

## **Regionally Produced Items**

Cabot Farmer's Coop (VT) Butter, Cheeses, Cottage Cheese, Sour Cream, and Yogurt

Great Hills Cheese (MA) Blue Cheese

Lightlife Foods (MA) Tempeh and other soy products

Little Leaf Farms (MA) Greenhouse grown Baby Lettuces and Spring Mix

Nasoya Foods (MA) Tofu (Bulk and Retail), Chinese Noodles, and Eggroll Wrappers

Westfield Farm (MA) Goat and Cow's milk specialty cheeses

Smith's Country Cheese (MA) Cheddar Cheese, Gouda Cheeses, and spread

Stoneyfield Yogurt (NH) Yogurt

Vermont Creamery (VT) Crème Fraiche, Mascarpone, Montrachet

Vermont Soy (VT) Tofu